

### NORTH BAY INDIGENOUS HUB

1040 Brookes Street EarlyON@gmghub.ca (705) 995-0060 ext.234

#### **Hours:**

9am - 4pm

Tuesday 9am - 4pm

Wednesday 9am - 4pm

Monday

Thursday 9am - 4pm

Friday 9am - 12pm



## SEPTEMBER 2025 MNDAAMIN DEBIK-GIIZIS (CORN MOON)

SUN	MON	TUE	WED	THU	FRI	SAT
	Closed Labour Day Holiday	Outside Play 10am-12pm Baby Group 1-3	Outside Play 10am-2pm	Miskwaadesiwag 10am-12pm	Themed Activities	6
7  Full moon	Laurier Woods 10am-12pm	Tiny Chefs 10am-12pm  Baby Group 1-3	Language Bingo 10am-12pm	Nmadbi Miskwaadesiwag 10am-12pm	Themed Activities	Drop-in 9am-3pm
14	Closed in Lieu of Saturday	Tiny Chefs 10am-12pm  Baby Group 1-3	Language bingo 10am-12pm	Maamwi Wiisniidaa 4-6pm	Themed Activities	20
21	Laurier Woods 10am-12pm	Tiny Chefs 10am-12pm  Baby Group 1-3	Language Bingo 10am-12pm	Nmadbi Miskwaadesiwag 10am-12pm	Themed Activities	27 Traditional Parenting with Rita Carter 9:30am-3:30pm  Drop-in 9am-3pm
28	Closed in Lieu of Saturday	30 Closed National day of Truth & Reconciliation				
Drop in available during all operational hours						

# PROGRAM DESRIPTIONS

### Reminders

- Please dress weather appropriate
- Please bring indoor shoes or slippers

### Playground access available from 9am-2pm daily

**EARLYON** 

EarlyON at the North Bay Indigenous Hub is a **FREE** program that provides cultural and educational programs for both Indigenous and non-Indigenous families with children from prenatal to 6 years of age.

**LEARNING CIRCLE** 

Join us daily for songs and stories, around 10:00am. Ages 0-6 yrs.

**LAURIER WOODS** 

Monday's we will be taking a walk throught the trails in Laurier woods. We will leave around 10am

TINY CHEFS

Tuesdays 10am-12pm We will be hosting easy cooking lessons for children and families 2yrs+
\*\*In Person Registration - Limited spots available\*\*

**BABY GROUP** 

**Tuesdays from 1-3pm,** we will be hosting a baby play group with songs and activities geared towards infants **0-12months** 

LANGUAGE BINGO

**SITTING TURTLES** 

**Wednesdays** we will be hosting children's bingo in Anishnabemowin.

NMADBI MISKWAADESIWAG

10:15 am on Thursdays Join us as we bring our circle to an outdoor sit spot for some gross motor, outdoor exploration and learning. **Weather Permitting** – Please bring appropriate outdoor gear.

SPECIAL ACTIVITIES

Friday morning join us for a themed activity in EarlyON

SATURDAY DROP-IN

Saturday September 13<sup>th</sup> and 27<sup>th</sup>, 9am-3pm We will be open for drop-in programming.

**SEWING REGALIA** 

**Saturday September 13<sup>th</sup> , 9am-3pm** we will have a Regalia Sewing Group, available to work on unfinished regalia. \*\*Registration available in person at EarlyON-NBIH\*\*

TEACHINGS WITH RITA CARTER

**Saturday September 27<sup>th</sup> and Sunday September 28<sup>th</sup>** join us for teachings hosted by Rita Carter about Traditional Parenting. **To register please email events@gmghub.ca** 

**OUTSIDE PLAY** 

September  $2^{nd}$  and  $3^{rd}$  join us for some designated outdoor play in our beautiful spacious playground.

MAAMWI WIISNIIDAA LETS EAT TOGETHER

September 18<sup>th</sup> we will be serving dinner! Join us from 4pm-6pm and enjoy a free dinner. Check our FaceBook for details on menu and allergens.



