

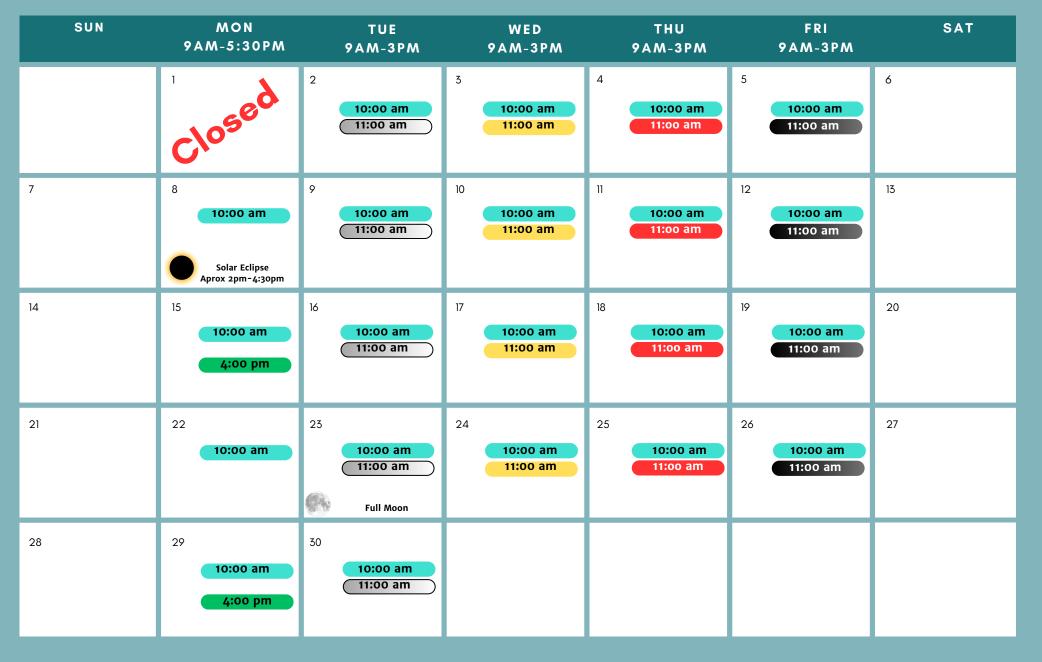


NORTH BAY INDIGENOUS HUB

1040 Brookes Street EarlyON@gmghub.ca (705) 995-0060 ext.234



APRIL 2024



PROGRAM DESRIPTIONS



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CIRCLE TIME	Join us daily at 10:00 am for a smudge, song or story, followed by a snack.
DINNER & BANNOCK	Monday evenings we will have Soup and Bannock Night. Starting at 4:00PM until 5:30PM we will be serving dinner. Call or email for more information.
TOT YOGA	Tuesday Mornings after snack, we will be stretching our tiny bodies with some yoga.
MESSY ARTS	Join us for messy and sensory art, Wednesday's after snack.
SPECIAL EVENT'S	Thursday after snack, we will have themed activity for children 0-6.
EXPLORING GWAJIING	Friday after snack, we will walk over to the Laurier Street entrance to Laurier Woods. We will be exploring Nature and learning the names of some of our plant and animal cousins.
VISIT WITH MISS CINDY	Cynthia, our resource consultant will be joining us for a visit.
INFANT MASSAGE	*Tentative* Infant Massage will be during the afternoons from 1:30pm-2:30pm as long as we have 3 or more families Registered.