

**FOOD PROGRAMS IN NORTH BAY AREA (updated February 2025)**

PLEASE NOTE: HOURS OF OPERATION MAY CHANGE. CALL AND CHECK TIMES BEFORE MAKING LONG TRIPS.

**FOOD BANKS**

| <b>MONDAY</b>   | <b>TUESDAY</b>  | <b>WEDNESDAY</b>   | <b>THURSDAY</b>  |
|---|---|--|--|
| <p align="center"><b>NORTH BAY FOOD BANK</b><br/>1016 Fisher Street<br/>705-495-3290<br/><b>9 am - 12 pm</b><br/>One visit per month<br/><b>Service area: North Bay &amp; Redbridge</b><br/>Need physical, valid ID for each family member, proof of current address<br/>(2<sup>nd</sup> piece needed if using ID as address)</p> | <p align="center"><b>NORTH BAY FOOD BANK</b><br/>1016 Fisher Street<br/>705-495-3290<br/><b>9 am - 12 pm</b><br/>One visit per month<br/><b>Service area: North Bay &amp; Redbridge</b><br/>Need physical, valid ID for each family member, proof of current address<br/>(2<sup>nd</sup> piece needed if using ID as address)</p> | <p align="center"><b>NORTH BAY FOOD BANK</b><br/>1016 Fisher Street<br/>705-495-3290<br/><b>3 - 6pm</b><br/>One visit per month<br/><b>Service area: North Bay &amp; Redbridge</b><br/>Need physical, valid ID for each family member, proof of current address<br/>(2<sup>nd</sup> piece needed if using ID as address)</p> | <p align="center"><b>NORTH BAY FOOD BANK</b><br/>1016 Fisher Street<br/>705-495-3290<br/><b>3 - 6pm</b><br/>One visit per month<br/><b>Service area: North Bay &amp; Redbridge</b><br/>Need physical, valid ID for each family member, proof of current address<br/>(2<sup>nd</sup> piece needed if using ID as address)</p> |
| <p align="center"><b>ST. PETERS CATHOLIC CHURCH</b><br/>299 Airport Road<br/>705-472-1817<br/><br/>Call Monday between 1-2pm (no messages)<br/><b>Pick-up Tuesday 10 – 10:30 am</b><br/><br/>One visit per month<br/>Need ID &amp; proof of address (must live north of bypass, within Parish boundaries)</p>                     | <p align="center"><b>PROCATHEDRAL CATHOLIC CHARITIES</b><br/>480 McIntyre Street West (basement)<br/>705-472-3970<br/><b>9 am - 11:30 am</b><br/>Clients can access weekly, students biweekly<br/><b>Service area:</b> below highway bypass to Ferris overpass (downtown area)</p>  | <p align="center"><b>*ST JOHNS ANGLICAN CHURCH*</b><br/>307 Main Street East (in church hall)<br/>705-472-6070<br/><b>9:30 - 10:30 am</b><br/><br/>Clients can access weekly</p>   | <p align="center"><b>*ST BRICE’S ANGLICAN CHURCH*</b><br/>1225 Cassells Street<br/>705-474-4005<br/><b>9 – 11 am</b><br/><br/>Clients can access weekly</p>  |
|   | <p align="center"><b>SALVATION ARMY</b><br/>743 McIntyre Street East<br/>705-474-7859<br/><br/><b>Call for an appointment</b><br/><b>10 am – 2 pm</b><br/>Need ID, rent receipt, proof of income</p>  | <p align="center"><b>SALVATION ARMY</b><br/>743 McIntyre Street East<br/>705-474-7859<br/><br/><b>Call for an appointment</b><br/><b>10 am – 2 pm</b><br/>Need ID, rent receipt, proof of income</p>   | <p align="center"><b>SALVATION ARMY</b><br/>743 McIntyre Street East<br/>705-474-7859<br/><br/><b>Call for an appointment</b><br/><b>10 am – 2 pm</b><br/>Need ID, rent receipt, proof of income</p>   |
| <p align="center"><b>*TRINITY UNITED CHURCH*</b><br/>111 McIntyre Street East<br/>705-474-3310<br/><b>9:30 - 11 am</b><br/>(closed on holidays)<br/>One visit per month</p>   | <p align="center"><b>*REDEEMER LUTHERAN CHURCH*</b><br/>725 Ferguson Street<br/>705-472-9169<br/><b>9:30 am</b><br/>FIRST COME FIRST SERVED<br/>(Limited food)</p>  | <p align="center"><b>TRINITY INFANT FOOD BANK</b><br/>111 McIntyre St. East<br/>705-474-3310<br/><b>10 am – 12 pm</b><br/>One visit per month<br/>For infants under 12 months<br/>ID required for caregiver and child</p>  | <p align="center"><b>EMMANUEL UNITED CHURCH</b><br/>395 Lakeshore Drive<br/>705-472-1806<br/><b>1<sup>st</sup> and 3<sup>rd</sup> Thursday of the month</b><br/><b>1 – 2 pm</b><br/>Need ID &amp; proof of address (must live on the Lakeshore side of the overpass).</p>  |
| <p align="center"><b>CALLANDER AND AREA FOOD BANK</b><br/>78 Lansdowne Street<br/>705-752-0777<br/><b>9 am - 12 pm</b><br/>One visit per month<br/><b>Service area:</b> Callander and East Ferris<br/>First visit only: ID for each family member, proof of address, proof of income</p>  | <p align="center"><b>CALLANDER AND AREA FOOD BANK</b><br/>78 Lansdowne Street<br/>705-752-0777<br/><b>9 am - 12 pm</b><br/>One visit per month<br/><b>Service area:</b> Callander and East Ferris<br/>First visit only: ID for each family member, proof of address, proof of income</p>  |  | <p align="center"><b>*ST ANDREW’S UNITED CHURCH*</b><br/>Loaves &amp; Fishes Community Food Bank<br/>399 Cassells Street<br/>705-472-7680<br/><b>8:30 – 10:30 am</b><br/><br/>Clients can access every 2 weeks,<br/>Students once a month</p>  |

\*GREY BOXES SHOW WHICH PROGRAMS DO NOT ASK FOR ID, INCOME, ADDRESS, ETC.\*

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**OTHER FOOD PROGRAMS**

| MONDAY  | TUESDAY | WEDNESDAY  | THURSDAY | FRIDAY |
|---|---------|--|----------|--------|
|   |         | <p><b>*OPEN ARMS CAFÉ*</b><br/>                     Drop in meal at<br/>                     St. John’s Anglican Church<br/>                     307 Main Street East<br/> <b>4 – 6 pm</b></p> |          |        |
| <p><b>*THE GATHERING PLACE MEAL SERVICE*</b><br/>                     1181 Cassells Street<br/>                     705-474- SOUP (7687)<br/> <b>Monday – Friday</b><br/> <b>11:30 am - 1:30 pm</b></p>   |         |  |          |        |
| <p><b>NIPISSING UNIVERSITY STUDENT UNION (NUSU) FOOD BANK</b><br/>                     NUSU Student Centre, 221 College Drive<br/>                     705-474-3450 ext. 4801<br/>                     8:30 am - 4:30 pm (except holidays)<br/>                     Must be a Nipissing student</p>   |         |  |          |        |
| <p><b>CANADORE COLLEGE FOOD BANK</b><br/>                     705- 474-7600 ext. 5309<br/>                     The Welcome Centre (G223), 100 College Drive<br/>                     8:30 am – 4 pm (except holidays), <b>by appointment</b><br/>                     Must be a Canadore Student<br/>                     3 visits per semester</p> |         |  |          |        |

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